



**ROLE DESCRIPTION**  
**SELF EMPLOYED ASSOCIATE THERAPIST**

An opportunity has arisen for a self-employed, qualified and experienced Associate Therapist. The hours are part time, dependent on work available and mainly during term time, although not restricted to.

The candidate will be a member of the relevant professional body with experience of working therapeutically with children and young people with moderate to complex difficulties. You must be able to provide a high quality service and be exceptionally competent in the following: -

- Providing therapy for clients with moderate to complex emotional/mental health/behavioural difficulties.
- Use creative interventions as appropriate
- Managing, sometimes, complex boundaries within the setting
- Screening referrals, responding to referrers and providing assessments etc. as appropriate
- Managing a caseload competently and effectively
- Communicating clearly and effectively with the setting, referrer, agencies (as appropriate)
- Multi-agency working and safeguarding
- To negotiate appropriately with the setting, with the support of the directors (if needed)
- To facilitate groups in social skills and emotional wellbeing, following programmes provided
- Clinical notes management
- Effective use of own clinical and company managerial supervision
- Managing emails
- Filing and systems/processes
- Managing phone calls and own diary
- Communicating with clients as needed
- Communicating effectively with the organisation
- Seeking support as needed from the directors
- Any tasks commensurate with the role

The successful candidate will provide evidence of their training, experience and initiative, professional and ethical practice. You will need to be able to work independently, effectively under pressure and to be superbly organised. Due to the nature of the work and the therapeutic relationship, reliability is also paramount.

For those who have worked with children and young people, previous experience within a CAMHS team would be an advantage but is not essential.

Fees will be discussed at interview.

### **About Fortis Therapy & Training**

Fortis Therapy & Training are a team of dedicated, like-minded therapists, counsellors and associates who are passionate about making a difference. Since 2012, we've been supporting people of all ages, genders, backgrounds and circumstances, including couples and families.

Along with our associates, we provide confidential therapy, coaching, reflective practice, supervision, mediation and training services to private individuals, schools, organisations, businesses and local authorities.

We work in primary and secondary schools to help children and young people who may have special educational needs, behavioural difficulties or bereavement issues. In addition to this, we support adoption services and fostering families, as well as Local Authorities and the YMCA. Our associates also work with businesses and organisations to provide a range of services, helping to improve productivity, staff retention and emotional well-being.

Fortis Therapy & Training is based in Grimsby, North East Lincolnshire, where we have our own private space, with dedicated rooms for talking, training and art and play therapy. However, we provide our services to clients across the region, and also conduct Skype sessions for those around the country.

### **Applying for the vacancy.**

To apply, visit [fortistherapy.co.uk/employment-opportunities/4590788655](http://fortistherapy.co.uk/employment-opportunities/4590788655) and download the Application Form. Please send the completed form to [enquiries@fortistherapy.co.uk](mailto:enquiries@fortistherapy.co.uk).

If your application meets our standards, we will contact you to arrange an interview.